## SUMMARY

Tabenanthe iboga is an understory species occurring in some specific low elevation forest in Gabon, Congo and Cameroon. The spiritual properties of the species and their implication in the Bwiti tradition have lead to the wild harvesting of this species, which may be endangered if the trend is maintained.

Today the plants is known for its healing properties in modern and traditional medicine. These include anti-additive properties with respect to cocaine, heroin, alcohol, nicotine, methadone and also is used in helping those who are suffering from depression, anxiety and trauma.

## INTRODUCTION

They say you have to hold yourself accountable for your actions and that's how we are going to protect the Earth and humanity. Nature holds the key to our aesthetic, intellectual, cognitive and even spiritual satisfaction.

FAB BOTANICAL is a group of company which operate both in Cameroon and Japan whereby dynamic gentleman with the intensions and pride of protecting iboga plant. We have come up with a project through planting/reforestation in ensuring the sustainability of the iboga plant and that is why we are taking on this initiative so iboga doesn't go extinct.

As the demand for iboga treatment in the west surge is facing a rapid decline, consider this it takes roughly a decade for an iboga tree to reach full maturity and longer is always better. But here is the shocking truth, a single iboga treatment requires the sacrifice of approximately 2 trees.

If we don't act now, the extinction of iboga is looming on the horizon.

Let's take a step to protect and preserve these precious plants.

If you are an iboga provider in the Japan or you involve in the scare wood in one or two and iboga has help you in life realize many things, we called upon you all to assist/donaate in one or two ways to support our projects which we have already started so as maintain iboga sustainability. Those interest for commemorative plant can also get to us.

## **BWITI TEACHINGS**

In bwiti, everything holds deep meaning. It's the journey of awakening the unconscious, a path to realization.

Bwiti teaches us that every action we take and every word we speak is a sacred ritual.

Bwiti liberates us by awakening the parts of ourselves that may keep us imprisoned within our minds, the constraints of the system and our viices.